

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ١٨٧

O ye who believe! fasting is prescribed for you,

as it was prescribed for those before you, so that you may guard against evil. (2:184)

## Ramadhan Timetable 1432 Hijra (2011)

### Plymouth

| Date   | Day | No | Sahoor      | Iftar |
|--------|-----|----|-------------|-------|
| 2-Aug  | Tue | 1  | 4:14        | 21:00 |
| 3-Aug  | Wed | 2  | 4:16        | 20:59 |
| 4-Aug  | Thu | 3  | 4:17        | 20:57 |
| 5-Aug  | Fri | 4  | 4:19        | 20:56 |
| 6-Aug  | Sat | 5  | 4:20        | 20:54 |
| 7-Aug  | Sun | 6  | 4:22        | 20:52 |
| 8-Aug  | Mon | 7  | 4:23        | 20:50 |
| 9-Aug  | Tue | 8  | 4:25        | 20:49 |
| 10-Aug | Wed | 9  | 4:26        | 20:47 |
| 11-Aug | Thu | 10 | 4:28        | 20:45 |
| 12-Aug | Fri | 11 | 4:29        | 20:43 |
| 13-Aug | Sat | 12 | 4:30        | 20:41 |
| 14-Aug | Sun | 13 | 4:32        | 20:40 |
| 15-Aug | Mon | 14 | 4:33        | 20:38 |
| 16-Aug | Tue | 15 | 4:35        | 20:36 |
| 17-Aug | Wed | 16 | 4:36        | 20:34 |
| 18-Aug | Thu | 17 | 4:38        | 20:32 |
| 19-Aug | Fri | 18 | 4:40        | 20:30 |
| 20-Aug | Sat | 19 | 4:41        | 20:28 |
| 21-Aug | Sun | 20 | 4:43        | 20:26 |
| 22-Aug | Mon | 21 | 4:44        | 20:24 |
| 23-Aug | Tue | 22 | 4:46        | 20:22 |
| 24-Aug | Wed | 23 | 4:47        | 20:20 |
| 25-Aug | Thu | 24 | 4:49        | 20:18 |
| 26-Aug | Fri | 25 | 4:50        | 20:16 |
| 27-Aug | Sat | 26 | 4:52        | 20:14 |
| 28-Aug | Sun | 27 | 4:53        | 20:11 |
| 29-Aug | Mon | 28 | 4:55        | 20:09 |
| 30-Aug | Tue | 29 | 4:56        | 20:07 |
| 31-Aug | Wed | 30 | 4:58        | 20:05 |
| 1-Sep  | Thu |    | Eid-ul-Fitr |       |

اللَّهُمَّ لَكَ صُمْتُ وَبِكَ

أُمْتُ وَعَلَيْكَ تَوَكَّلْتُ

وَعَلَى رِزْقِكَ أَفْطَرْتُ

Allahumma laka sumtu, wa bika aamantu, wa alaika tawakkaltu, wa alaa rizqika aftartu.

O Allah, I fasted for Your sake, and I believe in You, and upon You do I rely, and with Your provision do I end my fast

Abu Huraira r.a. relates that the Holy Prophet Muhammad salAllahoalaihiwasallam said:-

“Fasting is a shield (from Hell). During fasting refrain from engaging in immoral and ignorant talk. If someone tries to pick a fight or hurls abuse, the response should be to say twice, ‘I am fasting’. By God in whose hand is my life, the odour from the mouth of one fasting is preferred to Him than the fragrance of musk.” (Bukhari)

Fidya: £60.00  
Fitrana: £2.00 per person  
Eid Fund: £10.00 per earning member

| Date  | Day | Fajr | Maghrib |
|-------|-----|------|---------|
| 2-Sep | Fri | 5:01 | 20:01   |
| 3-Sep | Sat | 5:02 | 19:59   |
| 4-Sep | Sun | 5:04 | 19:57   |
| 5-Sep | Mon | 5:05 | 19:54   |
| 6-Sep | Tue | 5:07 | 19:52   |
| 7-Sep | Wed | 5:08 | 19:50   |

The time adjustment for the various cities and towns is meant to be a guide. Each Jama'at has been sent its own year round salat timetable. Please refer to it for any clarification. This Ramadhan Timetable can also be downloaded from

[www.tarbiyyat.org](http://www.tarbiyyat.org)

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