

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ١٨٧

**O ye who believe! fasting is prescribed for you, as it was prescribed for those before you, so that you may guard against evil. (2:184)**

**Ramadhan Timetable 1432 Hijra (2011)**  
**Jamaat WalthamForest**

Date	Day	No	Sahoor	Iftar
2-Aug	Tue	1	3:53	20:48
3-Aug	Wed	2	3:55	20:47
4-Aug	Thu	3	3:56	20:45
5-Aug	Fri	4	3:58	20:43
6-Aug	Sat	5	3:59	20:42
7-Aug	Sun	6	4:01	20:40
8-Aug	Mon	7	4:03	20:38
9-Aug	Tue	8	4:04	20:36
10-Aug	Wed	9	4:06	20:34
11-Aug	Thu	10	4:07	20:32
12-Aug	Fri	11	4:09	20:30
13-Aug	Sat	12	4:10	20:28
14-Aug	Sun	13	4:12	20:27
15-Aug	Mon	14	4:14	20:25
16-Aug	Tue	15	4:15	20:23
17-Aug	Wed	16	4:17	20:21
18-Aug	Thu	17	4:18	20:18
19-Aug	Fri	18	4:20	20:16
20-Aug	Sat	19	4:22	20:14
21-Aug	Sun	20	4:23	20:12
22-Aug	Mon	21	4:25	20:10
23-Aug	Tue	22	4:26	20:08
24-Aug	Wed	23	4:28	20:06
25-Aug	Thu	24	4:30	20:04
26-Aug	Fri	25	4:31	20:02
27-Aug	Sat	26	4:33	20:00
28-Aug	Sun	27	4:34	19:57
29-Aug	Mon	28	4:36	19:55
30-Aug	Tue	29	4:38	19:53
31-Aug	Wed	30	4:39	19:51
1-Sep	Thu		Eid-ul-Fitr	

اللَّهُمَّ لَكَ صُمْتُ وَبِكَ

أَمِنْتُ وَعَلَيْكَ تَوَكَّلْتُ

وَعَلَى رِزْقِكَ أَفْطَرْتُ

Allahumma laka sumtu, wa bika aamantu, wa alaika tawakkaltu, wa alaa rizqika aftartu.

O Allah, I fasted for Your sake, and I believe in You, and upon You do I rely, and with Your provision do I end my fast

Abu Huraira r.a. relates that the Holy Prophet Muhammad salAllahoalaihiwasallam said:-

“Fasting is a shield (from Hell). During fasting refrain from engaging in immoral and ignorant talk. If someone tries to pick a fight or hurls abuse, the response should be to say twice, ‘I am fasting’. By God in whose hand is my life, the odour from the mouth of one fasting is preferred to Him than the fragrance of musk.” (Bukhari)

Fidya: £60.00  
Fitrana: £2.00 per person  
Eid Fund: £10.00 per earning member

Date	Day	Fajr	Maghrib
2-Sep	Fri	4:42	19:46
3-Sep	Sat	4:44	19:44
4-Sep	Sun	4:46	19:42
5-Sep	Mon	4:47	19:40
6-Sep	Tue	4:49	19:37
7-Sep	Wed	4:50	19:35

The time adjustment for the various cities and towns is meant to be a guide. Each Jama'at has been sent its own year round salat timetable. Please refer to it for any clarification. This Ramadhan Timetable can also be downloaded from

[www.tarbiyyat.org](http://www.tarbiyyat.org)

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