

TarbiyyatMedical

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It is reported from Ibn Abbas that the Prophet salAllahoalaihiwasallam called Azan in the right ear of al-Hasan (may Allah be pleased with him) and Iqamah in his left ear. [al-Baihaqi]

Upon birth of an infant, call Azaan in the right ear and Takbeer in the left ear.

1st of the 26 points of Tarbiyyat e Aulad by Hazrat Musleh Mauood raziAllahoanho.

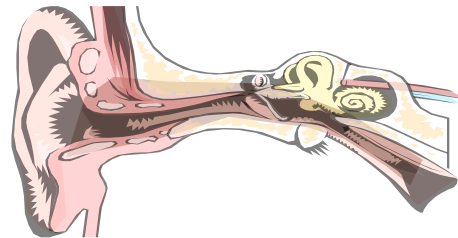
HEARING: One of the 5 senses that humans are blessed with.

Is it true that the sense of hearing is the first to develop and the last to leave the body?!!

The ear begins to develop in only the fourth week of gestation. It starts with the inner ear, followed by the middle ear, and then by the outer ear. It is not until around 20 weeks that the organs associated with hearing are developed enough to transmit sound. The baby is able to hear and recognise its mother's sound just after 24 weeks' gestation. The loudest sounds in the uterus are the mother's heart beat, the sound of other organs (like the bowel gurgling), and the mother herself. A loud external noise will often 'startle' the baby, which is recognised by a kick felt by the mother, or excessive movements. The mother's voice is often seen to have a calming effect on the baby. It has been observed time and again, that if the mother has recited or listened to the Holy Qur'an a lot during her pregnancy, the child recognises this and quiets down to listen whenever someone recites the Holy Quran after birth.



Complete innocence - the newborn



The organ for hearing – the EAR

“Always assume the person in coma can hear you. Hearing seems to be the last faculty to deteriorate”.

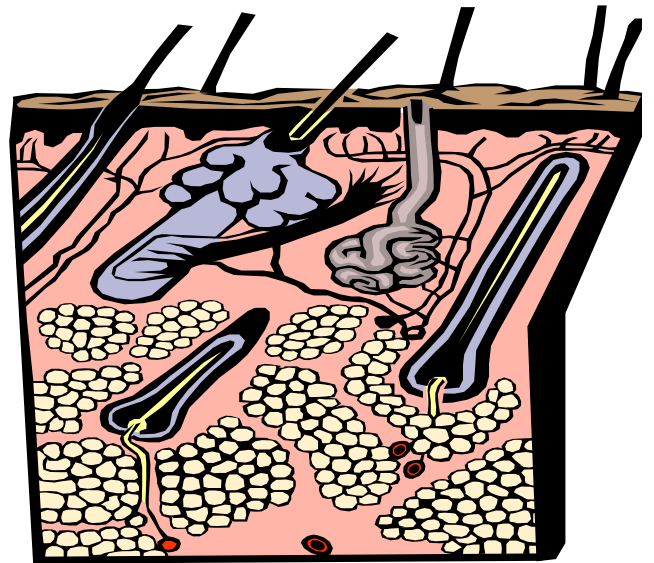
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A new born infant is too busy pumping air in its lungs and bellowing out as loudly as it can, announcing its arrival, to hear the call of azaan and taqbeer in its ears – or so we think. Yet the ability to hear is one of the first senses to develop as the baby grows in the mother's womb.

Hazrat Khalifatul Masih II (may Allah be pleased with him) states in Minhajutalibeen: “No wonder the Holy Prophet, on whom be peace and blessings, has said: **Every child is born true to nature. It is his parents who make of him a Jew or a Christian or a Magian.** It is true also that it is his parents who turn him into a Muslim or a Hindu. The Hadith does not mean that when the child has grown up, his parents take him to a church to have him baptised as a Christian. The meaning of the Hadith is that a child as a child is at the mercy of his parents. He absorbs what he hears them say and does what he sees them do. The child is a great imitator. If the parents do not set before him a proper model to copy, he will go elsewhere to find a model which he can copy. Some liberals think that it is best to leave the children alone. Even Ahmadis say it and say that when they grow up, they will discover Ahmadiyyat themselves. But what I say is that this may be true if no other sound reaches the ears of the child nor any sight his eyes. But this is not true. All sorts of sounds are impinging on the ears of the child. All the time the child is learning. If angels do not communicate with the child, then it is certain that Satan will become his friend and give him his company. If good things do not reach the child's ears, bad things certainly will. **Let Ahmadi parents take note. If you want your children to grow into good adults, then use your home as a kind of segregation camp. Keep children away from everything except good influences. This is the only way to safeguard the future generations”.**

How does hair grow?



The above is a diagram of hair follicles developing in the skin. Each hair follicle is supplied with blood vessels which supply it with nutrients in order for it to do its job – which is to produce a nice strand of hair. A host of healthy follicles produces a healthy mop of hair. So, what nutrients are needed for healthy hair growth?



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حضرت خلیفۃ المسیح الثانیؒ فرماتے ہیں:

چنانچہ رسول کریم ﷺ نے فرمایا۔ مَا مِنْ مَوْلُوْدٍ اِلَّا يُوْلَدُ عَلٰی الْفِطْرَةِ

فَاَبَوَاهُ يُهَوِّدَانِهٖ اَوْ يَنْصَرَانِهٖ اَوْ يُمَجَّسَانِهٖ کہ بچہ فطرت پر پیدا ہوتا

ہے۔ آگے ماں باپ اسے یہودی یا نصرانی یا مجوسی بناتے ہیں۔

اسی طرح یہ بھی سچ ہے کہ ماں باپ ہی اسے مسلمان یا ہندو بناتے ہیں۔ اس حدیث کا یہ مطلب

نہیں کہ جب بچہ بالغ ہو جاتا ہے تو ماں باپ اُسے گرجا میں لے جا کر عیسائی بناتے ہیں بلکہ یہ

ہے کہ بچہ ماں باپ کے اعمال کی نقل کر کے اور ان کی باتیں سن کر وہی بنتا ہے جو اس کے ماں

باپ ہوتے ہیں۔ بات یہ ہے کہ بچہ میں نقل کی عادت ہوتی ہے۔ اگر ماں باپ اُسے اچھی باتیں

نہ سکھائیں گے تو وہ دوسروں کے افعال کی نقل کرے گا۔ بعض لوگ کہتے ہیں کہ بچوں کو آزاد

چھوڑ دینا چاہیے، خود بڑے ہو کر احمدی ہو جائیں گے۔ میں کہتا ہوں اگر بچہ کے کان میں کسی اور

کی آواز نہیں پڑتی تب تو ہو سکتا ہے کہ جب وہ بڑا ہو کر احمدیت کے متعلق سنے تو احمدی ہو

جائے لیکن جب اور آوازیں اسکے کان میں اب بھی پڑ رہی ہیں اور بچہ ساتھ کے ساتھ سیکھ رہا ہے

تو وہ وہی بنے گا جو دیکھے گا اور سنے گا۔ اگر فرشتے اُسے اپنی بات نہیں سنائیں گے شیطان اس کا

ساتھی بن جائے گا۔ اگر نیک باتیں اسکے کان میں نہ پڑیں گی تو بد پڑیں گی اور وہ بد ہو جائے گا۔

پس اگر آپ لوگ گناہ کا سلسلہ روکنا چاہتے ہیں تو جس طرح سکرگیٹیشن کمپ ہوتا ہے اُس طرح

بناؤ اور آئندہ اولاد سے گناہ کی بیماری دُور کر دو تا کہ آئندہ نسلیں محفوظ رہیں۔

از منہاج الطالبین

Hazrat Khalifatul Masih III (may Allah have mercy upon him) said:

The foundation of piety can only be established in childhood, because it is only in childhood that all habits develop..... You should always and constantly be aware that you are the children of the Holy Prophet Muhammad salAllahoalaihwasallam.

(Mash'ale Rah Vol 4)

WHEN BRINGING UP YOUR KIDS USE

Common Sense!!!!

Rafiq Hayat Sahib (Amir UK) relates that once during his tenure as Sadar Khuddamul Ahmadiyya, he was confronted with a situation where two Ahmadi boys were about to be expelled from their school for pushing drugs (selling illicit drugs) to other kids. He was able to speak with the Headmaster and get a temporary reprieve for the boys, whilst he attempted a reformation.

What he found out on interview was that the boys' parents were very concerned for the tarbiyyat of their children. So, in order for them not to get into bad habits (e.g. by going to the movies, or buying cigarettes etc), they restricted their pocket money quite severely.

In school, these boys stood out in their peer group for not being able to afford the things others routinely purchased – such as crisps, or soft drinks. This made them vulnerable to the approach of some unscrupulous individuals who promised them easy money to buy all their needs, if only they could sell small drug packets to other school children. They were able to be recruited quite easily because of the severe restrictions placed upon them at home. Getting into the drugs trade transformed them from ordinary law abiding kids, into young law breaking non conforming thugs.

It was fortunate that the cause of their problem was discovered and remedied in time.

In response to our question in the last issue as to what is the study of hairs called, Serena Waters from Surrey correctly answers 'TRICHOLOGY'.

Well done Serena. As token of our appreciation a £15 M&S voucher is winging its way in your direction.

So, what is the study of NAILS called then!!

ارشادات حضرت خلیفۃ المسیح الخامس ایدہ اللہ

تعالیٰ بنصرہ العزیز (برموقعہ جلسہ سالانہ کینیڈا، ۲۵ جون ۲۰۰۵ء)۔

بچوں نے زیادہ وقت ماں کے ساتھ گزارا ہوتا ہے اس لیے ماں کا زیادہ اثر بچوں پر ہوتا ہے۔۔۔ ایک ریسرچ کے مطابق ایک بڑی تعداد کے یہ کوائف سامنے آئے ہیں کہ ۱۶،۱۵ سال کے لڑکے بھی اپنی ماؤں سے زیادہ اثر لیتے ہیں۔ انکی بات مانتے ہیں اور اپنے راز ان سے کہہ دیتے ہیں۔۔۔ جب بچے بڑی عمر کے ہو جاتے ہیں تو باپ ان کو گندگیوں میں پڑنے سے نہیں روکتے اور ان کی طرف توجہ نہیں دیتے جس کی وجہ سے وہ ضائع ہو جاتے ہیں۔۔۔ اس عمر میں بھی جن ماؤں نے اپنے بچوں کو سنبھالا ہوتا ہے وہ بچے اس عمر میں بھی اپنی ماؤں کے زیر اثر ہوتے ہیں۔ پس مائیں بچوں کی تربیت کی زیادہ ذمہ دار ہیں اس لیے مائیں اپنے بچوں کو سنبھالیں۔ ان کو بُرے بھلے کی تمیز سکھا کر ان میں دین کی واقفیت پیدا کر کے ان کو سنبھالیں۔

Hazrat Khalifatul Masih V

ayyadahullahota'ala said at the Canadian Jalsa Salana
25th June 2005:

Children have spent most of their time with their mothers which is why mothers have more influence on their children.....According to one large research study a fact that came to the fore was that even 15 or 16 year old boys took more influence from their mothers. They tended to follow what they said and treated them as their confidants.....When children become older, their fathers don't stop them from gravitating into bad habits and hardly pay any attention to them resulting in them being lost.....Even in this age (stage) children of mothers who have been taking care of them remain under the influence of their mothers. Thus, mothers are more responsible for the tarbiyyat of their children and therefore should take care of them well. By showing them the difference between good and bad and by making them aware of religious teachings they should take care of them.

What will make hair grow?!

In order for hair to grow, they should be healthy for unhealthy hair will not grow well. If there are any split ends, hair breaks or excessive dryness, cut off about a quarter of an inch.

Eat Healthy

Healthy hair is one that has all the nutrients needed for growth. Healthy hair does grow faster. Omega 3 fatty acids are excellent not only for hair growth but for healthy nails as well. You can get Omega 3 capsules from health shops, but a better source is natural foods that contain it. These are fish, fish oil and nuts. Hair also needs proteins and vitamins for growth. A balanced diet containing meat, nuts, vegetables and fruit will address all that.

Avoid things that will damage hair

Heat in the form of hair dryers, hair straighteners and curling irons should be best avoided as they do cause quite a lot of damage. Brushing of the hair should be done gently so as not to break them. Tangles should be taken out gently. Hairstyles which involve the pulling of hair tightly should be avoided as well as tight pony tails and buns. Also avoid any styles that require lots of hairsprays – it is just not natural!

Stimulate the Hair Follicles

Improving circulation to the hair follicles will naturally pass on more nutrition to them by increasing blood supply and help hairs grow. Massaging the scalp with the tips of the fingers (avoiding breaking hairs at the roots) at least once a day would appear to improve circulation.

This newsletter is meant to go out on a quarterly basis. It is intended to provide a means of information to parents and youngsters about various issues that can affect their moral and physical well being. Any comments about the content, the presentation and the format will be welcomed. Please write to:

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